

# 2023 CONSTRUCTION LAW SEMINAR **OPTIONAL ACTIVITIES**

### FRIDAY, JULY 28

1:30 - 5:00 PM



Take a breathtaking journey through the beautiful back country of Cougar Mountain while driving state of the art RZRs. Similar to ATVs, these exciting off-road vehicles are the ultimate backcountry explorers but provide you with more control using a steering wheel, more comfort with bucket seats and more safety with a roll cage and safety belt. You will explore the diversity and wonder of high mountain viewpoints, old growth ancient cedar forests, lakes and a network of single-track trails.

Estimated Travel Time: 25 minutes

Recommended Attire: Comfortable clothing for the day including long pants and a warm shirt or outer layer (you will get dusty and possibly a little muddy). No open-toe shoes or sandals.

#### Whistler Alpine Sightseeing Walk

1:30 - 5:30 PM



Each week throughout the summer brings something new in the high alpine. Board the enclosed Blackcomb Gondola for a 20-minute ascent to the mountain top, then cross over to Whistler Mountain via the impressive and world record breaking PEAK2PEAK Gondola. Stepping out at the top, take a deep breath of the clean, fresh mountain air that brings a refreshing wind on a hot summer's day and marvel at the vastness of the view. Accompanied by a guide for the duration, learn about Whistler's unique alpine flora, fauna and geology. This is a great activity for individuals who prefer less hiking and more sightseeing; enjoying the alpine mountains at a more leisurely pace.

Estimated Travel Time: 5-10 minute walk to gondola

Recommended Attire: Casual active attire as appropriate for the weather, hat or sunglasses, sunscreen.

Comfortable, casual footwear such as sneakers or other closed-toe shoes.

#### Superfly Zip Line

1:30 - 5:00 PM | 2:00 - 5:30pm

This adventure combines the exhilaration of soaring through the air in a comfortable seat harness amid the breathtaking beauty of Cougar Mountain. This incredibly scenic experience includes multiple zip-lines connected to each other by a network of trails and boardwalks, designed to immerse you in the peace, quiet and freedom of the forest. Zipping in tandem on side-by-side lines, Superfly promises adrenaline pumping action on a 3,280 ft. long, 500 ft. high zipline course that reaches velocities of 62 mi. per hour! This activity embraces your need for speed and is your opportunity to let go and enjoy something exhilarating. Get ready to enjoy the ride!

Estimated Travel Time: 25-30 minutes

Recommended Attire: Casual active attire as appropriate for the weather, hat or sunglasses,

sunscreen. No loose clothing. Comfortable closed-toe shoes.

## FRIDAY, JULY 28 (continued)

### **Inukshuk Soapstone Building**

1:30 - 5:00 PM

The Inuit people of Canada's north have been carving figurative works by hand in a variety of soft stones such as soapstone, quartz, jade and serpentine for a millennia and the Inukshuk was used as a directional marker within communities. Signifying safety, hope and friendship, the Inukshuk became the iconic symbol for the 2010 Winter Olympics in Vancouver and Whistler. Today, it's your turn to design your own personal Inukshuk at one of the finest Whistler stone art studios located in the heart of the village. In the studio, an artist instructor will guide you through the process to create your own stone art piece from British Columbia Soapstone; choose your stones, have an opportunity to carve, design your piece, polish, glue them together and then oil to reveal your own personal take-home Inukshuk sculpture!

Estimated Travel Time: 10-15 minute walk to the art studio

Recommended Attire: Casual comfortable attire as appropriate for the weather.

#### White Water Rafting

2:30 - 5:30 PM

One of the region's most accessible introductions to white water rafting is found just outside Whistler. This adventure is set along one of nature's most beautiful rivers and is surrounded by a panorama of stunning mountain peaks. With experienced guides, practice your synchronized paddle strokes on placid waters before starting the down-river voyage. The rafting journey lasts upwards of 90-minutes on the Green River and features a relaxing float combined with a mild white water and some small rapids mixed in for excitement. Along the way, learn about local First Nations history, soak in amazing views and perfect the art of splashing friends and fellow adventurers.

Estimated Travel Time: 25-30 minutes

Recommended Attire: Wear a bathing suit with comfortable attire as appropriate for the weather to wear post-activity. Avoid wearing any jewelry. Wetsuits, booties, splash jackets, life vests and paddles will be provided.

#### Friday Optional Dinner at Squamish Lil'wat Cultural Centre

7:00 - 10:00 PM

The Squamish and Lil'wat Nations have coexisted respectfully as neighbors since time immemorial. They have thrived on the bounty of the ocean, the rivers, and the land — living in close relationship with the world around us. The Squamish Lil'wat Cultural Centre (SLCC) was built to share the Nations cultural knowledge and to inspire understanding and respect amongst all people. Tonight you will get to experience the Cultural Centre as a private guest, followed by a cocktail reception and buffet dinner on the outdoor deck which floats into the forest and allows stunning views of Blackcomb Mountain

Please note, this is the only dinner during the seminar that requires separate registration.

Estimated travel time: 5 minute walk

Recommended attire: Resort attire. Layers are encouraged as dinner is outdoors.