

ENCORE ICS TRANSFORMATION WEBINAR SERIES

TRANSFORMATION THROUGH LOOKING IN THE MIRROR: TACKLING BLIND SPOTS AND THE AMYGDALA HIJACK

Date:

Wednesday, April 21, 2021

Time:

12:00 p.m. – 1:15 p.m. CDT

About this Webinar:

This webinar is an encore presentation of a session from ALFA International’s International Client Seminar (ICS) this past March. During this session, the panel discusses how blind spots and Amygdala Hijacks are two of the deadliest barriers to strong interpersonal relationships and healthy organizations. Successfully uncovering blind spots and avoiding Amygdala Hijacks depends on individual self-awareness and a willingness to address both issues. If you find yourself unaware of blind spots and experiencing untimely and frequent emotional outbursts, the tips and stories offered in this webinar will help you toward a trajectory of greater Emotional Intelligence and improved relationships, both at the office and at home. There will be a live Q&A with the panel after the recording to answer any questions attendees may have.

Moderator:

HENRY L. DENEEN joined the ALFA International member firm of Murphy & Grantland, in Columbia, South Carolina, in July 2016. Henry began his legal career as a litigator in private practice, later being appointed a municipal judge for the city of West Columbia, SC. He served as chief legal counsel for then-South Carolina Governor David M. Beasley from 1995 through 1997. David and Henry co-founded The Center for Global Strategies, Ltd. (CGS), a non-profit organization connecting business people to international initiatives. Henry currently serves as the executive director of CGS. He most recently served as president of Greater Europe Mission, during which time he earned a Doctorate in Executive Leadership, with a focus on Emotional Intelligence. He now regularly offers CLE-accredited courses on Emotional Intelligence designed specifically for lawyers. Henry also founded Blindspot Solutions, LLC, in July 2019, focusing on EI training for professionals and executive coaching. A South Carolina native, he serves clients in matters involving the defense of South Carolina businesses and through mediation primarily in the upstate from his home in the Greenville area. He is certified as a Mediator in South Carolina Circuit, Family, and Probate Courts. He received his J.D. from the University of South Carolina School of Law.

Presenters:

NICOLE M. BRUNSON is Head of Litigation & Disputes at ARRIVAL. Nicole practices general tort litigation, product liability, construction and commercial litigation. She also advises on various corporate matters dealing with contracts, fleet and collections. Nicole is a 2006 graduate of Indiana University School of Law- Bloomington (n/k/a/ Maurer School of Law) and a 1998 graduate of Xavier University of Louisiana, where she received a bachelor's degree in Biochemistry. Nicole also obtained an MBA in Marketing and Management from Christian Brothers University in 2002. Before joining Ingersoll Rand in 2012, Nicole worked for Swanson Martin & Bell, LLP, a boutique litigation firm in Chicago, Illinois, where she practiced tort litigation in the areas of medical malpractice, nursing home litigation and asbestos litigation.

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TODD L. FULKS is General Counsel for Red Stag Fulfillment, LLC, a third-party logistics and e-commerce company in Knoxville, Tennessee. Prior to joining Red Stag in 2021, Todd spent 15+ years managing litigation and other legal matters nationwide for one of the nation's largest home building conglomerates. Todd earned his B.S. from Milligan College in Johnson City, Tennessee, and his J.D. from the University of Memphis.

CATHERINE J. HUFF is a Partner with ALFA International member firm, Gentry Locke, in Roanoke, Virginia. Cate focuses her practice on labor and employment, professional liability and workers' compensation. She also advises businesses in the restaurant and hospitality industry on employment matters. Cate has tried a number of cases in both state and federal trial courts and has extensive experience with motions practice. Cate regularly speaks and conducts training on a variety of employment and workers' compensation issues in and outside of Virginia. She received her bachelor's degree from Virginia Tech and her J.D. from Liberty University.

DONNA ROBERTS is Chief Human Resources Officer for Cracker Barrel Old Country Store, Inc., which operates more than 640 restaurant/retail stores in 43 states and employs more than 75,000 workers. Donna is responsible for all aspects of the company's labor & employment practice as well as its complex litigation matters. In this role, she also regularly defends the company in Tennessee-based lawsuits and employment-related arbitrations. Prior to joining Cracker Barrel, Donna was a Partner in the Nashville office of the southeastern regional law firm, Stites & Harbison, PLLC, where she practiced in the areas of business litigation, employment and mass tort litigation defense.